

SUMMER 2011 [students aged 13-17]

junior adventure camp Whistler

World renowned for its spectacular scenery, outdoor activities and safe environment, IH Whistler proudly opens its doors to juniors every summer. Our instructors are highly experienced and qualified. By using nature as a classroom, students have the opportunity to learn a wide variety of skills in a fun, safe environment. The JAC is designed to improve teamwork, leadership and self-confidence. The JAC is an all-inclusive fully supervised program.

- Offered in July & August
- JAC Whistler includes:
 - Host Family accommodation with all meals
 - 2-way airport transfer
 - 24-hour supervision
 - Classes+Activities 7 days per week
- Special group packages available
- ALL INCLUSIVE PACKAGE
- HOST FAMILY ACCOMMODATION
- 3 MEALS A DAY
- 15 HOURS OF INCLASS ENGLISH
- DAILY OUTDOOR ACTIVITIES WITH QUALIFIED LOCAL GUIDES
(All fees are included)



Sample Calendar

ih Whistler - Junior Adventure Camp

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2011 JUL. 10	11	12	13	14	15	16
Student Arrival and orientation.	Level Test Wilderness Training 1	English Class Canoe Trip	English Class Orienteering Challenge	English Class Rafting or Climb the Chief	English Class Capture the Flag and BBQ	Beach Day
2011 JUL. 17	18	19	20	21	22	23
Student Arrival, departure and orientation.	Level Test Wilderness Safety 1	English Class Glacier Trip	English Class Wild Golf	English Class Camping Trip Overnight	English Class Lost Lake Adventure	Beach Day
2011 JUL. 24	25	26	27	28	29	30
Student Arrival, departure and orientation.	Level Test Wilderness Training 2	English Class Kayak Adventure	English Class Rainbow Park Sports Challenge	English Class Horseback Riding or First Nations Museum	English Class Ghost Town Paddle	Beach Day
2011 JUL. 31	2011 AUG. 1	2	3	4	5	2011 AUG. 6
Student Arrival, departure.	Civic Holiday - BC day -	English Class Mountain Bike Adventure	English Class Olympic Centre Trip	English Class Camping Trip Overnight	English Class Meadow Park BBQ and Farewell Party	Beach Day



Wilderness Training Students learn basics of how to survive in the wilderness.	Wilderness Safety Learn the basics of First Aid and other essential skills	Canoe Trip Paddle down the river of Golden Dreams with a local guide.	Orienteering Class Learn to use a compass and map in a fun activity challenge.	Rafting Paddle down the class 2 Green River with a professional guide.	Climb the Chief See spectacular views of Howe Sound from the top of the Chief.
Glacier Trip Take the Gondola to the top of Whistler Mountain.	Paintball Shoot our friends in the forest of Whistler	Kayak Adventure Kayak through the wetlands of Alpha Lake.	Ghost Town Paddle Cross Green Lake to the old ghost town.	Mountain Bike Adventure Cross country trails after a skills lesson.	Camping Sleep under the stars at Strawberry Point.

*All schedules subject to change.