



langues sans frontières

LSF MONTPELLIER SAMPLE JUNIOR PROGRAMME							
	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
Morning	Lessons 9.00 - 11.45 General 9.00 - 12.30 Intensive	Lessons 9.00 - 11.45 General 9.00 - 12.30 Intensive	Lessons 9.00 - 11.45 General 9.00 - 12.30 Intensive	Lessons 9.00 - 11.45 General 9.00 - 12.30 Intensive	Lessons 9.00 - 11.45 General 9.00 - 12.30 Intensive		Free time for Residential students
Break	10.30 - 11.00	10.30 - 11.00	10.30 - 11.00	10.30 - 11.00	10.30 - 11.00		
Lunch	12.00 - 13.00	12.00 - 13.00	12.00 - 13.00	12.00 - 13.00	12.00 - 13.00		
Activities	13.00 - 13.30 Cyber Café (€6) 13.45 - 17.15 Town Visit (Arrivals) or Cinema (Old students)	13.00 - 13.30 Cyber Café (€6) 14.00 - 17.15 Beach	Half - day Excursion	13.00 - 13.30 Cyber Café (€6) 14.00 - 17.15 Cycling or Sports	13.00 - 13.30 Cyber Café (€6) 14.00 - 17.15 Beach	Full - day Excursion	Beach for Residential students
Evening	20.45 - 22.00 Olympic Swimming Pool	20.15 - 22.15 Video at Daudet 21.00 - 22.30 Ice-skating (€7)	Free Evening	20.45 - 22.00 "Open Stage" at Daudet	21.30 - 00.00 Disco Le Fizz rue Cauzit		
Excursions			13.30 - 18.15 Grotte de Clamouse/ St Guilhem			10.30 - 18.15 La Camargue	
Note: (€6) means : Cards for 6 sessions at the Cyber Café							LSF reserves the right to modify the programme