

International Traineeships with Good Hope Studies in Cape Town



Description of area and city

Sunny and warm

The Mediterranean climate in Cape Town is mild all year round. As the seasons are reversed in the Southern hemisphere, Cape Town is an especially attractive destination from November to March. Visitors to the Cape are especially taken by the friendliness of its people. Capetonians are very welcoming to overseas tourists and it is easy to make contact.

Attractive tourist destination

With world heritage sites on hand such as Robben Island and world famous attractions such as Table Mountain, Cape Town is regarded as one of the most attractive tourist destinations in the world.

Low cost of living

Although flight tickets may be expensive compared to other destinations, this is compensated for within 4 weeks by the reasonably low cost of living in Cape Town.

Safaris

Students can do a one-day safari starting from Cape Town or visit one of the country's many national parks to see the big five.

Great for outdoor sports

Cape Town is the ideal location for almost any outdoor sport. Students can enjoy surfing, golfing, horseback-riding, whale-watching, shark-diving, bungee-jumping, beach-volleyball and more.

Multi-cultural, modern and young

Cape Town is a cosmopolitan city with a colourful and vibrant mix of many different cultures, religions and people. With 3 major universities, it also attracts a high number of young people.

Clear English spoken


The common language in Cape Town is English. In the tourist areas, English is the home language of the locals. The spoken English is very clear and easy to understand.

First world infrastructure

Cape Town offers museums, theatres, movie houses, shopping malls, entertainment areas, vibrant markets and beautiful gardens.

Good flight connections

There are regular and reasonably priced flights from all parts of the world.

 Lots of carriers fly to Johannesburg or Cape Town on a daily basis. Air fares are quite expensive, but this is compensated for by lower living costs in Cape Town compared to other English language destinations.



✿ Traveling from Europe you don't need to adapt to a different time zone.

✿ Cape Town is regarded as one of the most beautiful cities in the world. It is a major tourist destination, with world famous attractions such as Table Mountain, Robben Island and the Cape of Good Hope.

✿ Cape Town offers the same infrastructure as most modern big cities (with some limitations regarding public transport).

✿ With 3 major universities, Cape Town also attracts a high number of young people, who ensure a very active entertainment scene at night.

About the school:

Good Hope Studies is one of the best established English language schools in South Africa. Our students benefit from the wealth of experience and knowledge we have built over the years.

Good Hope Studies is first and foremost a learner- focused English language school, and to support this, we also provide accommodation and an activity programme – not the other way around. Our clients expect the most effective and up-to-date teaching methods

to ensure the best possible progress.

We have designed a teaching programme which is based on a four-week cycle. For your convenience, you can start on any Monday, but we recommend starting

at the beginning of a cycle. You will then benefit from a welcome reception, the start of a new course book and only small changes in the class over the following weeks. The most interesting sightseeing tours are done within the first two weeks so that clients coming for 2 weeks only can benefit from these. Every four-week cycle finishes with a cycle test to monitor your progress. Students can choose a location when they book and they can change location during the course if they want to.



The school (**Southern Suburb**) is located in two buildings in an upmarket residential area in the Southern Suburbs. Here students can study in a quiet and relaxed atmosphere and are close to all types of accommodation. Within easy walking distance, there are shopping centres, restaurants and banks. All major tourist attractions, including popular beaches and the city centre, can be reached by Metrorail in 20 to 30 minutes on average.



The school (**City Centre**) is located in the heart of Cape Town, in the pedestrian walkway of St Georges Mall. Here students feel the hustle and bustle of city life and can enjoy the multicultural blend the city is so well known for. Shops, restaurants, banks and other conveniences are all close by and the main train station is a 5 minute walk away. All major tourist attractions - including the popular entertainment area of The Waterfront, beaches and Table Mountain - can be reached by public transport in 15 to 20 minutes on average.



Detailed information about the internships

- * Accounting / Bookkeeping
- * Administration
- * Advertising
- * Arts, Culture
- * Automotive
- * Conservation, animal protection
- * Event Management
- * Fashion
- * General Administration
- * Graphic Design
- * Human Resources
- * Import, Export
- * IT, computer science
- * Job recruitment
- * Law
- * Logistics
- * Market research
- * Marketing
- * Media -TV, Radio, Photojournalism
- * Music
- * NGOs (Non-Governmental Organizations)
- * Politics
- * Public Relations
- * Print Media
- * Restaurants
- * Sales
- * Social work
- * Sport and Leisure
- * Tourism

Minimum Age: 21 years

Minimum duration for internship: 8 weeks

Placement is in the region of: In or around Cape Town

Your area of expertise is not mentioned?

Please contact us, if we can arrange a suitable placement.

Unfortunately we cannot arrange internship in the following areas:

Medical (doctor / nursing staff) and Animal health care (medical side doctor and nursing staff)

We also offer volunteer work in the areas of...

- Hope Journey - Children's Recovery Hospital
- Heart for Orphans
- Youth at Risk
- Animal Charity
- Enabling Disabled Children
- This Way Up
- Healing Through Horses
- Penguin Rescue
- Community Building on Kibbutz
- Save the Great White Shark
- Conservation & Community Combo
- Hands on Big 5
- Teach Kids on the Beach
- Wildlife Enthusiast

- Children of the Kruger
- Chimp Fun
- 1 Month Game Ranger Course
- Noah's Ark

We also offer work & travel placements in the areas of

Work South Africa is a one year, working holiday programme, available to full time tertiary students or recent graduates only. The majority of Work South Africa applicants find work in the hospitality industry, either working in one of the many vibrant bars, restaurants and nightclubs in Cape Town, or within the lively backpacking industry within South Africa.

There is no better way to travel and work your way around South Africa then on the Work South Africa programme. One can sample the real everyday South Africa whilst meeting the locals and earning money at the same time. The choice of location is totally up to the applicant and they can choose from the casual beach life of Cape Town, the hustle and bustle of the busy Johannesburg or the laid back surfer city of Durban. It's also an opportunity for young people to add to their resumes, to be totally independent, make new friends and visit some incredible places such as the Kruger Park, Table Mountain, Robben Island and vibrant South African townships.

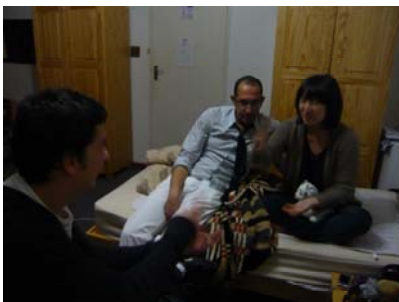
Internship

My experience in Cape Town, South Africa – Raul Ignacio Romanutti

I wanted to come to South Africa because it is different, I have always heard about the rainbow country, about the different people living all together, about its history and culture. I started my trip in Cape Town exactly, in Good Hope Studies, preparing myself for a work and study program; what I didn't know was that my month of study would be interrupted because I would have a unique opportunity for me to get together with Africa: travel around the countries in the south of the continent. So without knowing, I started my course of English in Mariendahl School in Newlands, where I was staying as well. My first residence was the student house, where I spent a lot of times trying to understand other people really different, I became friends with people from all around the world: South Koreans, Swiss, people from Mozambique, Dutch, Brazilians, Spanish, in conclusion it was a mix of different ways of life, all together in a house, and we got a lot of fun: we made parties, cook "braai" (a truly south African tradition), study together, and discover the city together.

The English course was amazing, my teachers, Portia and Sean, taught me a lot, not only about grammar and vocabulary, also about the culture of South Africa, the politics, the way of living, the traditions, we used to have long discussions about it, and I learned a lot from them. The environment in the school is really good, the people there help you a lot and teaches you good and important things about the daily living in their city. What impressed me was that even in the streets the people are kind and helpful. In Newlands your neighbors say to you "good morning" and asked you how are you even if they don't know you.

About Cape Town, it is an amazing city: rich in culture with a good nightlife and interesting people, every part of the city has its own story to tell: from the neighborhoods to the city centre, district six,



the museums and the Waterfront, going through Robben Island and Bo-Kaap.

My surprise was in my second week in Cape Town: as a part of the program I was looking for a job and a place to stay after my English course finish, when one of the ladies that work for Good Hope asked me if I still was looking for a job; of course I said yes. Then she told me that a travel agency from Cape Town called and they were looking for Spanish translators for their tours. I was really excited about the idea of travelling around Africa, so immediately I said yes; after that I realized that the job I was accepting was everything I wanted to do here, I was taking a tour of twenty days from Cape Town to Vic Falls, Zimbabwe; crossing through the most amazing places I have ever seen: Fish River Canyon, Sossusvlei Dunes, the Namib Desert and Etosha National Park all in Namibia; after that I would go to Botswana and discover the amazing Okavango Delta, Chobe National Park, Ghanzi and Gweta; finally almost at the end of the tour I would go to Zimbabwe to see Victoria Falls, one of the most wonderful natural shows in the world. When I accepted the job it was 2:00 pm of a Tuesday, and the tour started the next day at 8:00 am!!.. I was going as a translator for Spanish tourists, who happened to be excellent people and now a lot of them are my friends. In conclusion, I have been in the wine farms of northern South Africa, I canoed in Orange River, I walked through the Namib Desert looking for lizards, I have touched and played with cheetahs, I have seen lions, zebras, giraffes, rhinos, antelopes and leopards in Etosha, I have been with the Himba Tribe in the north of Namibia, I have ridden a mokoro (a typical canoe of the swana people) in the middle of the Okavango, I've been chased by an elephant, I took a cruise in Zambezi river to see hippos and crocodiles in their natural habitat, and I had lots of fun!.. After the tour finish, I continued working for Nomad, the travel agency, and met excellent people from all around Africa, made friends from South Africa and enjoy my time here, so definitely this was an experience that changed my life!

South Africa and Work experience with PETREL ENGINEERING **Internship in South Africa**

Foreword

I always wanted to go to South Africa! This country was fascinating for me since I can remember and I have heard so much about it. Unfortunately, I never had the chance to visit this country. But as the internship in a foreign country is an essential part of the study of Business Process Management, I decided to do this experience in South Africa. Unlike other students, who had connections to the companies in which they wanted to do their internships, I knew nobody in South Africa and so I had to find my working place on my own. At this stage, I had chosen the destination, but I did not know in which Company I could work. I knew that I would be lost without finding some help. Fortunately, Beatrice Hofer (a friend of mine) gave me the address of AKZENT SPRACHBILDUNG in Zürich, which organised for me everything from finding the contact to GOOD HOPE STUDIES to booking the flight and renting a car for me. I would like to thank Ms Jackie Helfenberger from AKZENT SPRACHBILDUNG for her great help. A special thank goes to Ms Liezl Winterbach from GOOD HOPE STUDIES for finding my work placement and organising my stay in Cape Town.

When I told my friends that I wanted to do my internship in South Africa, most people reacted strange, because they regarded this country as dangerous and unsafe. Even a lecturer said to me: "Nice to have known you. In South Africa people are killed for the worth of eight dollars or so". I remember, too, one presentation at the INTERNATIONAL DAY of 2006, when one guy reported from Joburg and how he was robbed out there. I noticed these comments but I did not change my mind. And my point of view would be confirmed: I only saw friendly and kind people, willing to help me wherever I needed some help. I never felt in danger and I never had the feeling of being unsafe. Of course, one has to look after his selves, but is this not the case in Europe too?

I am proud to be the only student who did this year his internship on the continent of Africa! Everyone else went to Fareast, America or Europe but Africa was only my choice. As reward for this decision, I would see a wonderful country, have a great time, visit the most wonderful places, enjoy the best food, work in a wonderful company and meet friendly and open-minded people. My internship was with PETREL ENGINEERING, the world leader in shipping and fishing equipment. I could participate in the Halley VI project, for which PETREL builds up the whole steelwork. PETREL is, unlike the expectations of my friends, a modern company, which can hold up the competition with most European firms. I would like to thank the whole company and, especially Mr. Michael Franzen and Mr Collin Seftel for their trust in me and for giving me the possibility to work with them. I also want to thank Debbie Muller and the whole drawing office team for all of their help and for being such good friends. Thinking back on my time in Cape Town, I will never forget my host family. I would like to thank them for everything, they did for me! Eric and Peggy Saxon treated me as if I was one of their own children. I will always remember what a good cook Peggy is and that ate there always divine meals.

Visa-regulations for EU-citizens

Visa requirements

Language courses

For ALL nationalities.	90 days or shorter.	Is the student from an exempt country? <i>See table below.</i>	Yes.	The student receives a Visitor's Permit when entering the country with an endorsement "to study at Good Hope Studies".
	Longer than 90 days.		No.	The student receives a Letter of Acceptance and needs to apply for a Visitor's Permit, with an endorsement "to study at Good Hope Studies" at the South African Embassy in their home country.
			OR yes, but the maximum exemption period for the students' country is 30 days, and the course is longer than 30 days.	The student receives a Letter of Acceptance and needs to apply for a Study Permit, with an endorsement "to study at Good Hope Studies" at the South African Embassy in their home country.

Internship or Volunteer South Africa

For ALL nationalities	90 days or shorter.	Is the student from an exempt country? <i>See table below.</i>	Yes.	The student receives a Visitor's Permit when entering the country with an endorsement. The Letter of Acceptance from the host-company / organisation must be presented upon entry.
	Longer than 90 days.		No.	The student receives a Letter of Acceptance from the host-company / organisation and needs to apply for a Visitor's Permit with an endorsement "to do unpaid practical training / volunteering" at the South African Embassy in their home country.
			OR yes, but the maximum exemption period for the students' country is 30 days, and the course is longer than 30 days.	The student receives a Letter of Acceptance from the host-company / organisation and needs to apply for a Study Permit with an endorsement "to do unpaid practical training / volunteering" at the South African Embassy in their home country.

Exemptions

Countries whose nationals are exempt from visas for the period stated

Europe	max. 90 days	Austria, Belgium, Czech Republic, Denmark, Finland, France, Germany, Greece, Iceland, Israel, Italy, Liechtenstein, Luxemburg, Malta, Netherlands, Norway, Portugal, Spain, Sweden, Switzerland
	max. 30 days	Cyprus, Hungary, Poland, Slovak Republic, Turkey
Asia	max. 90 days	Japan, Taiwan (Republic of China)
	max. 30 days	South Korea
South America	max. 90 days	Argentina, Brazil, Chile, Ecuador, Mexico, Paraguay, Uruguay, Venezuela
	max. 30 days	Bolivia, Costa Rica, Peru
Africa	max. 90 days	Botswana

Prices and dates 2011

Internship placement for South Africa: 650,- €

Enrolment fee: 70,- €

	Standard	Standard Plus	Intensive	Business
Lessons/week	20 lessons	25 lessons	30 lessons	30 lessons
Starting dates	Any Monday	Any Monday	Any Monday	Any Monday
From 1 week	240,- €	390,- €	330,- €	330,- €
From 8 weeks	220,- €	350,- €	300,- €	300,- €
From 16 weeks	190,- €	310,- €	260,- €	max. 8 weeks

Public Holidays:

01 Jan, 21 Mar, 22 Apr, 25 Apr, 27 Apr, 01 May, 02 May, 16 Jun, 09 Aug, 24 Sep, 16 Dec, 25 Dec, 26 Dec

Starting dates:

03 Jan, 31 Jan, 28 Feb, 28 Mar, 23 May, 20 Jun, 18 Jul, 22 Aug, 12 Sep, 10 Oct, 07 Nov, 05 Dec.

The school is closed on Public Holidays. Where Monday is a public holiday, courses start on a Tuesday. Only One-to-One Tuition missed due to public holidays will be made up at other times.

Included in the course fee:

Registration, course as booked, placement test, information pack, textbooks for rent, use of the internet, certain activities, certificate, course report for courses of 4 weeks or longer, airport transfer on arrival.

Not included in the course fee:

Airport transfer on departure, excursions, Cambridge course, exam fee (EUR 180 - 200), 2 course books (EUR 35). Prices as of June 2009

Accommodation

Accommodation placement fee: 55,- €

	Homestay	Homestay Plus	Student Residence	Student House
Meals included	Half board	Half board	Self-catering	Self-catering
per week single room	165,- €	220,- €	160,- €	
per week double room	140,- €	185,- €		130,- €

What is needed for application?

- Letter of motivation
- English CV (see sample)

The full application must reach Good Hope Studies at least 3 months before the start of the Internship programme.

Placement:

Our placement officer gets in touch with a number of local organisations or companies.

A telephone interview will be set up. The interview lasts about 15 minutes, and through it, the placement officer gets a better impression of your motivation and your current knowledge of English. We will therefore be better able to propose a placement that meets your expectations and qualifications.

We will suggest the most suitable placement to you within 4 weeks of receiving your application.

After you agree to the placement, the local company issues a letter of acceptance.

How looks a CV in your country?

Guidelines for a Curriculum Vitae

Outlined below is a GUIDELINE for you when writing your CURRICULUM VITAE. Within this framework you should try to be as detailed and specific as possible.

1. Personal Information

- Name
- Nationality
- Gender
- Date of Birth
- Mother Tongue

Example:

Name: Stephanie Hildegard
Nationality: Swiss
Gender: Female
Date of Birth: 27 May 1974
Mother Tongue: Swiss German

2. Skills

- Computer Skills
- Language Skills

Computer Skills: Microsoft Word, Excel, Power Point
Language Skills: English – upper-intermediate
French – basic knowledge

3. Work Experience

- Name of Company
- Position
- Dates of Employment
- Duties and Responsibilities

Oct. 00 – Nov. 02 Left Angle; Marketing Assistant
Communication and Marketing Manager

Duties and Responsibilities:

- Corporate presentations
- Event Management
- Budget planning
- Staff training

4. Education

- Date and name of educational institution, courses studied or any relevant qualifications received.

1997 – 2000 University of Cooperative Education, Heidenheim, Germany
Diploma in Business Administration

5. Interests and Activities

- List any other areas of interest.

Member of(professional organisations, societies...)

Other interests: travelling, reading, swimming, sailing

Is it usual to add a picture or is it uncommon?

We always recommend that you include a photo on your application / CV. In general, companies wish to see a photo of the applicant.