



## Welcome to the 2024 Fifty Plus Course

The 50+ course is specifically designed for mature people who wish to combine practising their English with an extensive programme of visits, activities and excursions in the company of like-minded people from around the world.

### Our Fifty Plus courses aim to:

- build your confidence in speaking English
- help you improve your understanding of spoken English
- show you the beautiful South East of England
- introduce you to different aspects of life and culture in the United Kingdom
- guide you around historic towns, villages, castles, parks and gardens
- allow you to meet new people and make new friends

### Course dates

- students may book 2, 3 or 4 weeks. (Minimum stay 2 weeks.)
- 20 lessons/week (15 hours) in group classes + full social programme
- our course includes a full day excursion every Saturday. We recommend arranging departure on Sundays



Code	Dates	Weeks	Code	Dates	Weeks
FP1	06 May – 18 May	2	FP4	12 Aug - 24 Aug	2
FP2	20 May – 01 Jun	2	FP5	26 Aug - 07 Sep	2
FP3	03 Jun – 15 Jun	2			



## Levels

### **Fifty Plus Courses - Elementary (A1/A2) to Advanced (C1)**

Students may be offered the opportunity to join a morning General English group if this is more appropriate to their level of English and/or interests.

## Eastbourne

Eastbourne, one of the sunniest towns in England, is an ideal location for a language holiday. On the south-coast of England just 90 minutes by train from London, Eastbourne is within easy reach of stunning countryside such as the white cliffs of Beachy Head and Seven Sisters and some of the most important historic sites in the last 1000 years of English history such as Lewes, Hastings and Battle.

## The 50+ Sussex Experience social programme

ELC Eastbourne offers a unique and diverse social programme, accompanied by its teachers and designed to take students to places they may not normally get a chance to visit. Every week the social programme includes:

- 3 half-day events from Monday to Friday in the afternoons
- 1 full-day guided excursion on Saturday

The programmes include some walking so we recommend flat shoes and a good raincoat.

Whilst we recognise that the programme may present problems for those with mobility difficulties, students with a range of disabilities have studied on the Fifty Plus course successfully.

While we make every effort to ensure the accuracy of the programmes, some locations and dates may be subject to change.



## Fifty Plus · Social Programme 06 May – 18 May 2024

		AM	PM
Monday	06-May	Lessons from 0900	Orientation, Tour, Cream Tea with Teacher
Tuesday	07-May	Lessons from 0900	
Wednesday	08-May	Lessons from 0900	Scenic Sussex - Sussex Villages and Beachy Head
Thursday	09-May	Lessons from 0900	
Friday	10-May	Lessons from 0900	Sussex Vineyard – tour, wine tasting and light lunch
Saturday	11-May	<b>Brighton by train, Royal Pavilion visit</b>	
Sunday	12-May	Free day	
Monday	13-May	Lessons from 0900	Sussex Sport – Croquet
Tuesday	14-May	Lessons from 0900	Sussex History – Michelham Priory and Berwick
Wednesday	15-May	Lessons from 0900	
Thursday	16-May	Lessons from 0900	Sussex Gardens – Bateman’s (home of Rudyard Kipling)
Friday	17-May	Lessons from 0900	Lunch with Teachers (optional, at extra cost)
Saturday	18-May	<b>Sheffield Park and Standen House</b>	





## Fifty Plus · Social Programme 20 May – 01 June 2024

		AM	PM
Monday	20-May	Lessons from 0900	Orientation, Tour, Cream Tea with Teacher (Bank Holiday)
Tuesday	21-May	Lessons from 0900	Scenic Sussex – The Cuckmere and Beachy Head
Wednesday	22-May	Lessons from 0900	
Thursday	23-May	Lessons from 0900	Sussex Gardens – Nymans
Friday	24-May	Lessons from 0900	
Saturday	25-May	<b>Sissinghurst Castle and Scotney Castle</b>	
Sunday	26-May	Free day	
Monday	27-May	Lessons from 0900	Sussex Sport – Bowls
Tuesday	28-May	Lessons from 0900	Sussex History – Battle Abbey
Wednesday	29-May	Lessons from 0900	
Thursday	30-May	Lessons from 0900	Sussex History – Lewes and Anne of Cleves' House
Friday	31-May	Lessons from 0900	Lunch with Teachers (optional, at extra cost)
Saturday	01-June	<b>Hever Castle and Gardens</b>	





## Fifty Plus · Social Programme 03 – 15 June 2024

		AM	PM
Monday	03-June	Lessons from 0900	Orientation, Tour, Cream Tea with Teacher
Tuesday	04-June	Lessons from 0900	
Wednesday	05-June	Lessons from 0900	Scenic Sussex - Sussex Villages and Beachy Head
Thursday	06-June	Lessons from 0900	
Friday	07-June	Lessons from 0900	Sussex Vineyard – tour, wine tasting and light lunch
Saturday	08-June	<b>Hastings and Bodiam Castle</b>	
Sunday	09-June	Free day	
Monday	10-June	Lessons from 0900	Sussex Sport - Croquet
Tuesday	11-June	Lessons from 0900	Sussex Gardens – Bateman’s (home of Rudyard Kipling)
Wednesday	12-June	Lessons from 0900	
Thursday	13-June	Lessons from 0900	Sussex History – Rye by train
Friday	14-June	Lessons from 0900	Lunch with Teachers (optional, at extra cost)
Saturday	15-June	<b>Wakehurst Place and Monk’s House</b>	





## Fifty Plus · Social Programme 12 August – 24 August 2024

		AM	PM
Monday	12-Aug	Lessons from 0900	Orientation, Tour, Cream Tea with Teacher
Tuesday	13-Aug	Lessons from 0900	
Wednesday	14-Aug	Lessons from 0900	Scenic Sussex - Sussex Villages and Beachy Head
Thursday	15-Aug	Lessons from 0900	
Friday	16-Aug	Lessons from 0900	Sussex Vineyard – tour, wine tasting and light lunch
Saturday	17-Aug	<b>Hastings and Bodiam Castle</b>	
Sunday	18-Aug	Free day	
Monday	19-Aug	Lessons from 0900	Sussex Sport – Bowls
Tuesday	20-Aug	Lessons from 0900	Sussex History – Rye by train
Wednesday	21-Aug	Lessons from 0900	
Thursday	22-Aug	Lessons from 0900	Sussex Gardens – Nymans
Friday	23-Aug	Lessons from 0900	Lunch with Teachers (optional, at extra cost)
Saturday	24-Aug	<b>Sheffield Park and Monk’s House</b>	





## Fifty Plus · Social Programme 26 August – 07 September 2024

		AM	PM
Monday	26-Aug	Lessons from 0900	Orientation, Tour, Cream Tea with Teacher (Bank Holiday)
Tuesday	27-Aug	Lessons from 0900	Scenic Sussex – The Cuckmere and Beachy Head
Wednesday	28-Aug	Lessons from 0900	Sussex Culture – Herstmonceux Observatory
Thursday	29-Aug	Lessons from 0900	
Friday	30-Aug	Lessons from 0900	
Saturday	31-Aug	<b>Brighton by train, Royal Pavilion visit</b>	
Sunday	01-Sept	Free day	
Monday	02-Sept	Lessons from 0900	Sussex Sport – Croquet
Tuesday	03-Sept	Lessons from 0900	Sussex History – Battle Abbey
Wednesday	04-Sept	Lessons from 0900	
Thursday	05-Sept	Lessons from 0900	Sussex History – Michelham Priory and Berwick
Friday	06-Sept	Lessons from 0900	Lunch with Teachers (optional, at extra cost)
Saturday	07-Sept	<b>Standen House and Wakehurst Place</b>	

