

ADULT COURSES



**International
House**
Dublin

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General English

15 and 20 hours

Our General English classes embrace a modern communicative approach to provide an ideal learning environment for students of all backgrounds and language abilities. Lessons are delivered using a range of real-life English materials that integrate language [grammar, vocabulary] and skills [reading, writing, speaking, and listening], with a particular focus on communicative practice.

For students taking the 20 hour-programme, an additional session per week is included that focuses on culture, communication, and developing skills to prepare students for the 21st century, including problem-solving activities, self-care and mindfulness, and digital media workshops, among others.

The content of this programme includes a combination of language and culture-based skills lessons and activities, including:

- › Level assessment in advance to your class starting, for appropriate placement
- › Real-life, authentic English materials suited to your level
- › Varied language-learning activities to match different learning abilities



Need to Know

- Minimum age 16
- Levels from Elementary (A1) to Advanced (C1)
- Start date every Monday all-year round except for public holidays



Timetable

- **20 hours AM classes:**
Monday to Friday 09.00 – 13.30
- **15 hours AM classes:**
Monday to Thursday 09.00 – 13.30
- **15 hours PM classes:**
Monday to Friday 13.45 – 17.00

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FOCUS
LESSON ONE	'Getting to know you' activities Food and cooking vocabulary Pronunciation: vowel sounds <i>Review and agree weekly objectives</i>	Restaurants Listening and speaking Listen for gist and specific information Interview your partner about cooking and restaurants	Family Life Vocabulary and speaking Family vocabulary and customs	Position in the family Listening/ Reading and vocabulary Reading/ listening for gist and specific information Vocabulary: personality adjectives	Planning and budgeting a dinner party Productive skills and language development Negotiating Planning logistics Presenting and agreeing/ disagreeing Feedback Or Real World task Prepare and conduct a survey on Irish food preferences and eating habits
BREAK TIME					
LESSON TWO	Listening and speaking Review question forms Interview your partner about food preferences	Eating habits Grammar: present simple and continuous analysis Create a class survey about eating habits using present simple and continuous	Family conversations Listening for gist Grammar: future forms Communicative practice: Interview your partner about plans for the future	Practical English Meeting your partner's parents <i>Weekly review and progress test</i>	

Business English

15 and 20 hours

In today's fast-paced world, confidence in communicating in English is vital for both employability and successful business practices. Our Business English programme will help you gain greater insight into the field of business, and develop the necessary skills to show employers that you are ready to work successfully in an international business environment.

For students taking the 20 hour-programme, an additional session per week is included that focuses on communicative professional skill-building, including case studies and company visits, among others.

The content of this programme includes a combination of language-based skills lessons and workshops related to everyday business tasks, as well as networking opportunities, including:

- › Preparing for interviews and corporate meetings
- › Giving clear and concise presentations
- › Communicating effectively by telephone, text, and email
- › Case studies and visits to Dublin-based companies
- › Seminars and sessions with industry experts



Need to Know

- Minimum age 16
- Levels from Elementary (A1) to Advanced (C1)
- Start date every Monday all-year round except for public holidays



Timetable

- **20 hours AM classes:**
Monday to Friday 09.00 – 13.30
- **15 hours AM classes:**
Monday to Thursday 09.00 – 13.30
- **15 hours PM classes:**
Monday to Friday 13.45 – 17.00

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FOCUS 
LESSON ONE	Company profiles Vocabulary and speaking <i>Review and agree weekly objectives</i>	Being self-employed Listening, vocabulary Exam strategy and practice Grammar: Question forms Speaking and language feedback	Company structure Exam strategy Vocabulary Speaking and language feedback	Participating actively in work discussions Listening and speaking Practice and feedback	Case Study / Company presentation Company presentation History of company Market and Context Industry developments Q and A Present a company from your country History of company Market and Context Industry developments Q and A
BREAK TIME					
LESSON TWO	Changes in companies and changes in work practices Reading Understanding vocabulary from context Speaking and language feedback	Writing formal and informal work emails Functional language for emails. Practice and Feedback	Language review Grammar: Present simple and present continuous	Weekly review Review of weekly business news stories Authentic reading/listening <i>Progress test</i>	

Exam Preparation course

Cambridge & IELTS

English is such a global language in today's world that scoring high on a recognised English proficiency exam is a sure way to set yourself apart from the crowd, and to open doors both academically and professionally. Our Exam Preparation courses will help you focus on the practical academic and English communication skills necessary to excel on your exam.

All students who wish to take an Exam Preparation Course must pass an entrance test, to ensure they are taking the exam best suited to their level. We recommend that students register for their exam a minimum of 5 weeks in advance.

The content in our Exam Preparation programmes include:

- › Regular Exam tutorials and mock exams
- › Oral & written practice using authentic past exam papers
- › Real-life English language, tasks, and topics to develop your practical academic skills

Need to Know

- Minimum age 16
- Minimum Level based on exam
- All Exam preparation Course start every Monday all-year round with the exception of CPE which start on the 19th September

IH Dublin is a leading provider of preparation courses for the following exams:

- › Academic IELTS
- › Cambridge B1 Preliminary (PET)
- › Cambridge B2 First (FCE)
- › Cambridge C1 Advanced (CAE)
- › Cambridge C2 Proficiency (CPE)
- › B2 Business Vantage
- › B2 Business Preliminar



Timetable

- **20 hours AM classes:**
Monday to Friday 09.00 to 13.30
- **15 hours AM classes:**
Monday to Thursday 09.00 to 13.30
- **15 hours PM classes:**
Monday to Friday 13.45 to 17.00

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FOCUS 
LESSON ONE	Lifestyles Reading introduction Exam strategy Discussion: Compare your childhood to that described in the text <i>Review and agree weekly objectives</i>	Introducing yourself by email Writing an informal email	Moving to another country Exam strategy Listening for gist and specific information Speaking Exam practice: Exam strategy Speaking practice and Feedback	Language review Introduction: sentence transformation Exam strategy Practice and Feedback	Examining past customs and traditions Class Excursion to the National Museum of Ireland Group task focused on customs and habits Classroom review, discussion and feedback
BREAK TIME					
LESSON TWO	Lifestyle habits Present situations and habits Introduction	Customs and traditions Vocabulary Speaking exam practice and feedback	Comparing two holidays Comparatives and Superlatives Grammar and speaking practice	Weekly review Speaking and language feedback Authentic reading/listening practice <i>Progress test</i>	

English

and Work Experience

Our English and Work Experience Programme combines an English language course, followed by an unpaid placement in a company in Ireland. This programme allows students to gain practical experience, while improving their English language fluency in a professional, English-speaking work environment.

Work Experience can be either entry level or professional work placements. Entry level positions do not require previous work experience, and include placements in a variety of sectors. Professional work placements can be requested in more specialised fields, and oftentimes require previous schooling and/or experience in the field requested.

An up-to-date CV/Resume and Cover Letter are required at the time of booking, both written in English.

The content of this programme includes a combination of language-based skills lessons and workshops related to everyday business tasks, as well as networking opportunities, including:

This package programme includes:

- › Minimum of 2 weeks of any standard IH course: General English, Business English, or Exam Preparation
- › Careful assessment of students' requirements and academic qualifications
- › Selection and placement in suitable Irish-based host company for a minimum of 2 weeks work experience
- › 3 one-to-one sessions with My Career Coach throughout your programme, to evaluate and reflect on your experience, and identify areas for future development



Need to Know

- Minimum age 16
- Entry Level: Minimum Intermediate B1
- Professional: Minimum Upper-Intermediate B2
- Start date every Monday all-year round except for public holidays



English Course Timetable

- **20 hours AM classes:**
Monday to Friday 09.00 to 13.30
- **15 hours AM classes:**
Monday to Thursday 09.00 to 13.30
- **15 hours PM classes:**
Monday to Friday 13.45 to 17.00



Work Experience Timetable

- Dependent on position and company of placement.
- Both full-time and part-time placements may be available.

My Career Coach

Students who wish to develop their professional profile in Ireland and in English can avail of the career mentoring services of the My Career Coach programme at IH Dublin. My Career Coach prepares students for entering into an English-speaking workforce here in Ireland or abroad.

Students availing of My Career Coach sessions will also benefit from IH Dublin's international network of professionals from a wide range of sectors. You will be invited to regular online networking events to connect with professionals within your field and related fields all over the world.

Consisting of 30-minute coaching sessions held one-to-one, My Career Coach include the following topics:

- › Exploring your strengths and weaknesses as a candidate
- › Identifying and building your personal brand
- › Creating your professional profile (LinkedIn, CV)
- › Applying for positions
- › Preparing for job interviews

Additional customised coaching sessions can be booked upon request.



Need to Know

- Minimum age 16
- Any English level
- Start any week



Flexible Timetable

My English Coach

One of the challenges in today's fast-paced world is in finding time for personal and professional growth while balancing a hectic schedule. The My English Coach programme at IH Dublin provides working professionals and busy students with continuous, consistent support related to your daily English needs, whether professionally or academically.

My English Coach provides package programmes consisting of short bite-sized 30-minute English sessions with an IH qualified teacher to 'coach' your English progression. Packages available range from light weekly learning of 2 sessions per week to a more intensive 4 sessions/week. This programme can be booked in packages of 10 to 30 hours in total, with sessions split according to the student's needs.

Prior to starting lessons, students complete an entrance test to confirm their level of English as well as a full needs analysis to establish their strengths and weaknesses. The sessions with my English Coach are specifically fluid to adjust to professional or academic tasks the student might face in the workplace or classroom.

The My English Coach package includes:

- › Needs' Analysis and Level Test completed before your first coaching session
- › Flexible curriculum designed to respond to your daily English needs
- › Coaching sessions according to your timetable and schedule
- › Classes delivered online from the comfort of your home or office



Need to Know

- Minimum age 16
- Any English level
- Start any week



Flexible Timetable

One to one

and Executive Classes

Our One-to-One and Executive Courses are tailor-made to meet the exact requirements of an individual student. These courses are ideal for those who wish to concentrate on specific language skills or subjects, or for those whose preferences or schedule may not be suited to standard group lessons.

One to one and Executive courses can be booked on an hourly basis or in a package of 10 to 30 hours tuition in total.

Prior to starting lessons, students complete an entrance test to confirm their level of English as well as a full needs analysis to establish their perceived goals for their lessons. The curriculum is then specifically designed by our International House Dublin academic team to fit the student's needs and improve their English level in order to achieve their goal.

For a more comprehensive learning experience, students can also supplement their private lessons with an international House Dublin group programme, either in the morning or afternoon.

These programmes include:

- › Comprehensive Needs' Analysis and Level Test completed before your first lesson
- › Curriculum tailor-made to suit your content needs and language ability
- › Lessons scheduled according to your timetable
- › Classes available online or in person, either from the comfort of your home, or on site at IH Dublin



Need to Know

- Minimum age 16
- Any English level
- Start any week



Flexible Timetable

Young at Heart

Our Young at Heart Programme is a specially-designed programme for mature students wishing to refresh their English language skills, learn about Ireland’s rich history and culture, and mix with like-minded students of a similar age from all over the world.

Each day, learners will be introduced to key themes and topics in class at IH Dublin to prepare them for active, task-based “excursion lessons” led by their teacher to some of Dublin’s many sites of social, cultural and historical interest.

The Young at Heart package includes:

- › 20hr/week tuition combining in-class and excursion-based learning experiences
- › Curriculum specially geared for your age group and interests
- › Real-life, authentic English materials suited to your level



Need to Know

- Age: 50+
- Levels from Elementary (A1) to Advanced (C1)
- Start date: See specific course dates



Timetable

20 hours AM classes:

Monday to Friday 09.00 to 13.30

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FOCUS
LESSON ONE	Course overview Getting to know you Needs analysis Review and agree weekly objectives	What do you know about Ireland? Reading for gist and specific information Speaking and language feedback	Irish Literature Reading/ listening Understanding vocabulary from context Speaking and language feedback	Visual Arts around the world Listening for gist and specific information Art vocabulary Speaking and language feedback	Our cultural and historical icons Listening for gist and specific information Speaking and language feedback
BREAK TIME					
LESSON TWO	Dublin Walking Tour O’Connell Street and GPO Trinity College Grafton St St Stephen’s Green	National Museum of Ireland – Archaeology Treasures of Ancient Ireland On-site task Discussion and feedback	Oscar Wilde Walking Tour Early Life – Westland Row Childhood – Merrion Square Education – Trinity College Listening and speaking	Hugh Lane Gallery Parnell Square Hugh Lane Biography Famous Irish Artists Impressionist Art Select and sketch your favourite painting Discussion and feedback	Irish Icons Walking Tour Learn about Irish icons such as James Joyce, John Hume and Tom Crean Discussion and feedback



**International
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A Member of the International House World Organisation

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