

Optional Course: Discovering the Provence Cooking (DCP)

This option allows you to practice French and to introduce you to Provençal cooking while participating in cooking workshops and tasting local products.



DCP Objectives:

- Discover local products
- Theoretical and practical knowledge of Provençal cooking
- Getting familiar with the culinary vocabulary

This option is intended exclusively for students taking a FG course or 20 lessons CP/week at least

LEVEL OF FRENCH	DURATION	GROUP	PROGRAM
<ul style="list-style-type: none"> • A1 to C2* 	<ul style="list-style-type: none"> • 2 week course on specific dates • About 16 hours over the two weeks 	Minimum 4 participants (1 to 3 participants : the number of lessons and activities can be slightly modified, but the spirit of the option is maintained)	<ul style="list-style-type: none"> • A class of introduction and presentation of typical products of Provence • A class of presentation and tasting of Provençal cheeses • A presentation and tasting of Provençal wines • A discovery of a typical Provençal product: the "Calisson" • Two cooking workshops followed by a tasting • A discovery of the Provençal market followed by a cooking workshop
		SCHEDULE	
		Organized by IS Aix-en-Provence to fully accommodate the French classes (some afternoons and one half-day during the week-end).	
DETAILS	On your first course day at IS Aix-en-Provence you will receive the schedule for the French course as well as the schedule for the optional course Discovering the Provence Cooking (DCP) and all other information necessary for your stay at IS Aix-en-Provence.		

Optional Course: Discover Provence (DP)

This option allows you to practice French while discovering Provence, its products and its countryside through various activities.



DP objectives:

- Discover Provence, its historical and cultural heritage, its food and its particularities
- Visiting Aix-en-Provence and the city's cultural offerings
- Visiting selected sites of the region

This option is intended exclusively for students taking a FG course or 20 lessons CP/week at least

LEVEL OF FRENCH	DURATION	GROUP	PROGRAM
<ul style="list-style-type: none"> • A1 to C2* 	<ul style="list-style-type: none"> • 2 week course on specific dates • About 20 hours total over the two weeks 	Minimum 4 participants (1 to 3 participants : the number of lessons and activities can be slightly modified, but the spirit of the option is maintained).	<ul style="list-style-type: none"> • A guided city tour • Introduction to the traditions and cultures of Provence • A visit to Cézanne's painting studio • Two workshops to discover different local products • A half day's excursion on the Mediterranean coast • One full day excursion in Provence
		SCHEDULE	
		Organized by IS Aix-en-Provence to fully accommodate the French classes (some afternoons and one day during the week-end).	
DETAILS	On your first course day at IS Aix-en-Provence you will receive the schedule for the French course as well as the schedule for the optional course Discover Provence (DP) and all other information necessary for your stay at IS Aix-en-Provence .		

Optional Course: Discover Provence on foot (DPP)

This option allows you to practice French while discovering on foot the countryside of Aix-en-Provence, its natural sites, its vegetation and its culture. Professionals in love with their region accompany the outings.



DPP objective:

Discover the natural and cultural heritage of Provence on foot through hiking and walks with a professional guide

This option is intended exclusively for students taking a FG course or 20 lessons CP/week at least.

LEVEL OF FRENCH	DURATION	GROUP	PROGRAM
<ul style="list-style-type: none"> A1 to C2* 	<ul style="list-style-type: none"> 2 week course on specific dates About 17 hours in total over the two weeks 	Minimum 4 participants (1 to 3 participants : the number of lessons and activities can be slightly modified, but the spirit of the option is maintained)	<ul style="list-style-type: none"> An afternoon walk following Cézanne's footsteps to the Sainte-Victoire An afternoon walk in the vineyard Domain de Beaulieu, situated on the unique volcano in Provence An afternoon walk in the Vauvenargues area, where Picasso spent the last years of his life A full day walk in the National Park of the "calanques", the rocky creeks of the Mediterranean Sea allowing you to discover the typical vegetation of this area. <p>Hiking shoes (or equivalent) are highly recommended</p>
		<p style="text-align: center;">SCHEDULE</p> <p>Organized by IS Aix-en-Provence to fully accommodate the French classes (3 afternoons and 1 full day during the week-end over the two weeks).</p>	
DETAILS	On your first course day at IS Aix-en-Provence you will receive the schedule for the French course as well as the schedule for the optional course Discover Provence on Foot (DPP) and all other information necessary for your stay at IS Aix-en-Provence.		