



JUNIOR PROGRAMMES 2024

ACTIVE ENGLISH WITH CORK ENGLISH COLLEGE

CEC has been arranging activity programmes for groups of teenagers since 1978 with great success. The junior courses' objective is to improve the students' use and command of the English language, not just in the classroom, but through a wide variety of activities. We are aware that the time spent by the student outside lessons and organised leisure activity time plays an equally important role in the overall language holiday experience. All of our activities are fully supervised by professional trainers and all centres are recognised by the Department of Education.

Description of Courses

These courses offer a combination of language tuition with sporting and cultural activities. The students are carefully graded on their arrival and levels range from beginners to advanced. These courses consist of 20 lessons (15 hours) formal tuition in the mornings or the afternoons (max 12 – 15 students per class), full programme of sports, excursions, projects and video sessions. Evening activities include discos, karaoke, bingo and video evenings. These courses are restricted to juniors aged between 11 – 17 years.

CEC Junior Centre Locations



CEC Host Family Centre
Douglas Community School

Douglas is a residential suburb of Cork City located about 2 km from the city centre.

The area of Douglas has all of the amenities of Cork city without the problems of a city centre location. There are 2 very large shopping centres, shops, restaurants, cinema complex, McDonalds, 3 golf course and horse-riding stables.

A bus journey from the school to the city centre takes no more than 15 minutes.



CEC Residential Centre
Munster Technological University

Our junior residential centre is located in the beautiful suburb of Bishopstown. This is a well-established south-western residential suburb of Cork situated approximately 3km from the City centre. It is student orientated with many primary and second-level schools in the area as well as the third-level Munster Technological University (MTU) where the summer school is based.

Wilton shopping centre is perfect for shopping and there is also a local farm which provides beautiful walks for the public.

***Please refer to the dedicated centre profiles for full information on each of our centres**



Programme

Young Adult Programme

Young Adult Cambridge Preparation Programme

English plus Multi-Activity Camp – Host family Option

English plus Multi-Activity Camp – Residential Option

English plus Golf with Fota Golf Academy

English plus Horse-Riding

English plus Rugby with Munster Rugby Club

English plus Valencia CF Football Camp

English plus STEAM with Steam Education

Family Language Stay

High School Year

Winter Mini-Stay Study

Junior Centre Dates

Host Family & Residential Centres opening dates:

June 30th to July 28th 2024

Individual & Group Starting Dates

July 1st Host family and Residential Centres

July 14th Host family and Residential Centres

Minimum 2 week booking for 2024

JUNIOR PROGRAMME 2024

YOUNG ADULT PROGRAMME

Course Aim

The CEC Young Adult Programme is designed for international students aged between 16 -19 who wish to attend a more intensive programme with a certain amount of supervised activities.

The main focus in our classes is on effective communication in real-world contexts. All courses begin with a placement test to ensure you are placed at the correct level and to help you improve as quickly as possible. You will also have regular meetings with your teacher to help you set up a study plan for the future and to maximize your progress.

This programme includes:

This programme includes

- 20 Lessons per week (1 lesson = 60 mins)
- Average 8 - 10 students per class (max 15)
- Certificate at the end of the course
- Use of all pedagogical material
- 3 Afternoon social/cultural/sporting activities per week
- 2 Evening Activities per week
- 1 Full Day excursion per week
- Welcome pack with maps and CEC notepad
- Full access to the CEC E-Learning platform
- Enrolment and registration fees
- Commuter Bus Ticket
- Full board accommodation in a host family



Dates

July 1st - July 14th

July 15th - July 28th

Prices

€955 per week

Age Groups	16-19
Accommodation	Host Family - Twin Room
Registration	Included
Materials	Included
Transfer	Included from Cork Airport

Minimum 2 week booking

Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:40							
10:40	Speaking: long turn	Reading: matching	Grammar: future forms	Writing: article	Language Clinic		
10:40			Coffee Break				
11:00							
11:00	Reading: gapped text	Listening: matching	Speaking: parts 3 & 4	Listening: parts 1 & 2	Writing: emails		
13:00							
13:00			Lunch Break				
14:00							
14:00	Visit to Cork City Gaol	Exam Practice	Gaelic Sports	Exam Practice	Visit to Blarney Castle & Gardens		
16:00							
			Dinner				
			International Disco				
Evening	Irish Dancing Night						
						Full day trip to Killarney	Shopping Day



JUNIOR PROGRAMME 2024

YOUNG ADULT CAMBRIDGE PROGRAMME

Course Aim

The CEC Young Adult Programme is designed for international students aged between 16 -19 who wish to prepare for Cambridge Exams.

Course Description

The programme includes 4 hours of English language tuition and exam preparation per day during the morning, with an additional two afternoons of exam practice. Activities and excursions are scheduled on other days. This course is ideal for students who wish to bring their language and exam knowledge up to the level required for the exam. Students can sit the exam at CEC at the end of their course as CEC is an official Cambridge testing centre.

This programme includes:

- 20 Lessons per week (1 lesson = 60 mins)
- Average 8 - 10 students per class (max 15)
- Certificate at the end of the course
- 2 Afternoon social /cultural / sporting activities per week
- 2 Afternoons of Cambridge Exam preparation per week
- 2 Evening Activities per week
- 1 Full Day excursion per week
- Welcome pack with maps and CEC notepad
- Full access to the CEC E-Learning platform
- Enrolment and registration fees
- Commuter Bus Ticket
- Full board accommodation

Cambridge Exam Fee Not Included



Authorised Exam Centre

Dates
June 30th - July 27th

Prices
€955 per week

Minimum 4 week booking

Age Groups	16-19
Accommodation	Host Family - Twin Room
Registration	Included
Materials	Included
Transfer	Included from Cork Airport
Exam Fees:	FCE €220 CAE €230

Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:40							
10:40	Speaking: long turn	Reading: matching	Grammar: future forms	Writing: article	Language Clinic		
10:40			Coffee Break				
11:00							
11:00	Reading: gapped text	Listening: matching	Speaking: parts 3 & 4	Listening: parts 1 & 2	Writing: emails		
13:00			Lunch Break				
13:00							
14:00	Visit to Cork City Gaol	Exam Practice	Gaelic Sports	Exam Practice	Visit to Blarney Castle & Gardens		
14:00							
16:00			Dinner				
Evening	Irish Dancing Night		International Disco			Full day trip to Killarney	Shopping Day



JUNIOR PROGRAMME 2024

ENGLISH PLUS MULTI-ACTIVITY - HOST FAMILY PROGRAMME

Course Aim

On the English and multi-activity programme, students will build and develop their confidence in communicating in English and increase their vocabulary and social English.

Course Description

This course offers a combination of English classes in the morning and a variety of sporting and cultural activities in the afternoons and evenings. Students will improve their English language skills, in particular their speaking and listening in the mornings and have the opportunity to practise the new language during the afternoon and evening activities.



This programme includes:

- 20 Lessons per week (1 lesson = 45 mins)
- Full board accommodation in host family accommodation
- Welcome pack with maps and CEC notepad
- 2 Half Day activities Off-Campus per week
- 2 Afternoon Activities On-Campus Per Week
- 1 Full Day Activity Per Week
- 2 Evening Activities Per Week
- Commuter Bus Ticket
- Weekly Assessment & End of Course Diploma
- Transfers to and from Cork Airport

Start Dates

June 30th

July 14th

Prices

€895 per week

Age Groups	11-17
Accommodation	Host Family
Registration	Included
Materials	Included
Transfer	Included from Cork Airport

Minimum 2 week booking

Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09:00	English Lessons	English Lessons	English Lessons	English Lessons	English Lessons		
12:15							
12:30			Lunch Break				
14:00							
14:00	Walking Tour of Cork City	Team building games	Visit to UCC	Multi Sports	Visit to Blarney Castle & Gardens	Full day trip to Killarney	Shopping Day
17:00							
17:00			Dinner Break				
19:00							
Evening	Irish Dancing Night		International Disco				



JUNIOR PROGRAMME 2024

ENGLISH PLUS MULTI-ACTIVITY - RESIDENTIAL PROGRAMME

Course Aim

On the English and multi-activity programme students will build and develop their confidence in communicating in English and increase their vocabulary and social English.

Course Description

This course offers a combination of English classes in the morning and a variety of sporting and cultural activities in the afternoons and evenings. Students will improve their English language skills, in particular, their speaking and listening in the mornings, and have the opportunity to practice the new language during the afternoon and evening activities.



Start Dates

June 30th

July 14th

Prices

€1,060 per week

This programme includes:

- 20 Lessons of English Language Tuition Weekly
- Full board residential accommodation - single ensuite room
- Welcome pack with maps and CEC notepad
- 2 half-day activities off-campus per week
- 3 afternoon activities on campus per week
- 1 full day activity per week
- Evening activities
- Weekly assessment by teachers
- End-of-course diploma

Age Groups	11-17
Accommodation	Residence - Single Room Ensuite
Registration	Included
Materials	Included
Transfer	€60 for individuals (Cork Airport)

Minimum 2 week booking

Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
09:00	English Lessons	English Lessons	English Lessons	English Lessons	English Lessons			
12:15								
12:30	Lunch Break							
14:00	Walking Tour of Cork City	Team building games	Visit to UCC	Multi Sports	Visit to Blarney Castle & Gardens	Full day trip to Killarney	Shopping Day	
17:00								
17:00	Dinner Break							
19:00								
Evening	Irish Dancing Night	Board Games night	International Disco	Karaoke night	Talent Show night			



JUNIOR PROGRAMME 2024

ENGLISH PLUS GOLF WITH GOLF ACADEMY - HOST FAMILY & RESIDENCE

CEC together with Fota Island Resort are delighted to launch our English + Golf Programme for 2024.

The Golf Academy at Fota consists of 4000 sq. yards of first-class turf to practice everything from chipping & putting to crisp iron shots & long drives.

Course Description

Students on this course attend English language classes in the morning and the focus of the afternoon activities is Golf. Students have the opportunity to improve their golf skills while also practicing their English.

This programme includes:

- 20 Lessons per week (1 lesson = 45 mins)
- Full board accommodation
- Use Of All Pedagogical Material
- Welcome pack with maps and CEC notepad
- 4 Afternoons Weekly at Fota Golf Academy (PGA)
- Evening Activities
- 1 Full Day Activity Per Week
- Weekly Assessment & End of Course Diploma
- Bus Ticket (Host Family Option Only)
- Transfers Included (Cork Airport - Host Family only)



Start Dates

June 30th

July 14th

Prices

€1,210 per week (Host Family)

€1,355 per week (Residence)



Age Groups	11-17
Accommodation	Host Family / Residence
Registration	Included
Materials	Included
Transfer	€60 for individuals (Cork Airport)

Minimum 2 week booking

Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09:00	English Lessons	English Lessons	English Lessons	English Lessons	English Lessons		
12:15							
12:30			Lunch Break				
14:00			Private bus transfer to Fota				
14:00	Golf Lessons	Golf Lessons	Golf Lessons	Golf Lessons	Mixed Sports / Shopping	Full day trip to Killarney	Shopping Day
17:00							
17:00			Dinner Break				
19:00							
Evening	Irish Dancing Night	Board Games night	International Disco	Karaoke night	Talent Show night		



JUNIOR PROGRAMME 2024

ENGLISH PLUS HORSE RIDING - HOST FAMILY & RESIDENCE

On the English and Horse-Riding programme students will build and develop their confidence in communicating in English, increase their vocabulary and social English.

Course Description

Students attend English language classes in the morning and have the opportunity to go horse riding in the afternoons at our International Horse- Riding Centre in Castlemore Stables.

This programme includes:

- 20 Lessons per week (1 lesson = 45 mins)
- Full board accommodation
- Use Of All Pedagogical Material
- Welcome pack with maps and CEC notepad
- 5 Hours Horse-Riding Training Weekly
- Evening Activities
- 1 Full Day Activity Per Week
- Weekly Assessment & End of Course Diploma
- Bus Ticket - Host Family only
- Transfers Included (Cork Airport) - Host Family only

Start Dates

June 30th

July 14th

Prices













€1,150 per week (Host Family)

€1,260 per week (Residence)

Age Groups	11-17
Accommodation	Host Family / Residence
Registration	Included
Materials	Included
Transfer	€60 for individuals (Cork Airport)

Minimum 2 week booking

Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09:00	English Lessons	English Lessons	English Lessons	English Lessons	English Lessons		
12:15							
12:30	Lunch Break						
14:00	Private bus transfer to Castlemore Stables						
14:00	Horse Riding (1 hour)	Horse Riding (1 hour)	Horse Riding (1 hour)	Horse Riding (1 hour)	Horse Riding (1 hour)	Full day trip to Killarney	Shopping Day
17:00							
17:00	Dinner Break						
19:00							
Evening	 Irish Dancing Night	 Board Games night	 International Disco	 Karaoke night	 Talent Show night		



JUNIOR PROGRAMME 2024

ENGLISH PLUS RUGBY WITH MUNSTER RUGBY - HOST FAMILY & RESIDENCE

On the English and Munster Rugby programme, students will build and develop their confidence in communicating in English and increase their vocabulary and social English while learning more about rugby values including teamwork, respect, and integrity.

Course Description

Students on this course attend English language classes in the morning and the focus of the afternoon activities is on rugby training and matches with our Professional Munster Rugby coaches.



Start Dates

June 30th
July 14th

Prices

€1,110 per week (Host Family)
€1,220 per week (Residence)



This programme includes:

- 20 Lessons per week (1 lesson = 45 mins)
- Full board accommodation
- Use Of All Pedagogical Material
- Welcome pack with maps and CEC notepad
- Rugby Training with Munster Rugby 5 Afternoons per week
- Evening Activities
- 1 Full Day Activity Per Week
- Weekly Assessment & End of Course Diploma
- Bus Ticket - Host Family Option Only
- Transfers Included (Cork Airport) - Host Family Option Only

Age Groups	11-17
Accommodation	Host Family / Residence
Registration	Included
Materials	Included
Transfer	€60 for individuals (Cork Airport)

Minimum 2 week booking

Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09:00	English Lessons	English Lessons	English Lessons	English Lessons	English Lessons		
12:15							
12:30			Lunch Break				
14:00							
14:00	Rugby Training	Rugby Training	Rugby Training	Rugby Training	Rugby Training		
17:00							
17:00			Dinner Break				
19:00							
Evening	Irish Dancing Night	Board Games night	International Disco	Karaoke night	Talent Show night	Full day trip to Killarney	Shopping Day



JUNIOR PROGRAMME 2024

ENGLISH PLUS FOOTBALL WITH VALENCIA C.F. - HOST FAMILY & RESIDENCE

This programme gives the students the possibility of practicing football in addition to improving their English skills. The training sessions will be developed in English and hosted by professional coaches from Valencia.

Course Description

As well as participating in language classes every morning from Monday to Friday, students can then enjoy five afternoons of football training and matches. In the evenings students can participate in karaoke, bingo, and a disco. A full-day excursion to a venue of historical or cultural interests outside Cork is also included as part of the programme and takes place on Saturdays.



Start Dates

June 30th

July 14th

Prices

€1,210 per week (Host Family)

€1,355 per week (Residence)



This programme includes:

- 20 Lessons per week (1 lesson = 45 mins)
- Full board accommodation
- Use Of All Pedagogical Material
- Welcome pack with maps and CEC notepad
- Football Training with Valencia coaches 5 Afternoons per week
- Evening Activities
- 1 Full Day Activity Per Week
- Weekly Assessment & End of Course Diploma
- Bus Ticket - Host Family Option Only
- Transfers Included (Cork Airport) - Host Family Option Only

Age Groups	11-17
Accommodation	Host Family / Residence
Registration	Included
Materials	Included
Transfer	€60 for individuals (Cork Airport)

Minimum 2 week booking

Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09:00	English Lessons	English Lessons	English Lessons	English Lessons	English Lessons		
12:15							
12:30			Lunch Break				
14:00							
14:00	Football Training	Football Training	Football Training	Football Training	Football Training	Full day trip to Killarney	Shopping Day
17:00							
17:00			Dinner Break				
19:00							
Evening	Irish Dancing Night	Board Games night	International Disco	Karaoke night	Talent Show night		



JUNIOR PROGRAMME 2024

ENGLISH PLUS STEAM WITH STEAM EDUCATION

- HOST FAMILY & RESIDENCE

Course Aim

To inspire the next generation, students have the benefit of learning from STEAM Education's expert Facilitator on how humans have figured out designed and invented amazing things in the fields of science, technology, engineering, arts and maths!

Course Description

As well as participating in language classes every morning from Monday to Friday, students can then enjoy three afternoons of STEAM sessions two afternoons of general sports. In the evenings students can participate in karaoke, bingo and a disco. A full day excursion outside Cork is also included as part of the programme takes place on Saturdays.



Start Dates

June 30th

July 14th

steam
Education Ltd. www.steam-ed.ie

Prices

€1,110 per week (Host Family)

€1,220 per week (Residence)

This programme includes:

- 20 Lessons English Language Tuition Weekly
- Full board accommodation
- Use Of All Pedagogical Material
- Welcome pack with maps and CEC notepad
- 3 afternoons of STEAM activities with professional trainers
- Evening Activities
- 1 Full Day Activity Per Week
- End of Course Diploma
- Transfers Included (Cork Airport) - Host Family Option Only

Age Groups 11-17

Accommodation Host Family / Residence

Registration Included

Materials Included

Transfer €60 for individuals (Cork Airport)

Minimum 2 week booking

Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09:00	English Lessons	English Lessons	English Lessons	English Lessons	English Lessons		
12:15							
12:30			Lunch Break				
14:00							
14:00	Walking Tour of Cork City	STEAM Sessions	STEAM Sessions	STEAM Sessions	Visit to Blarney Castle & Gardens	Full day trip to Killarney	Shopping Day
17:00							
17:00			Dinner Break				
19:00							
Evening	Irish Dancing Night	Board Games night	International Disco	Karaoke night	Talent Show night		



JUNIOR PROGRAMME 2024

HIGH SCHOOL PROGRAMME

Course Aim

CEC offers a high school programme for young learners who wish to improve their skills by attending a secondary school in Ireland. This is a unique opportunity for students to experience the educational system in Ireland while at the same time improving their own language ability. The programme is ideal for students who would like to study at third level in an English-speaking country after finishing their secondary school education or who intend to take up studies through the medium of English in their own country.

Course Description

CEC works with a number of partner secondary schools in Cork City and suburbs. The partner schools we use have been carefully selected based on their performance as educational institutes and on the excellent results which their students consistently obtain in the final school-leaving examination. The percentage of students from these schools who go on to study at third level institutes is very high, averaging 80 to 90% of school leavers from any one year.

CEC offers the programme in both day schools and boarding schools to young learners of a school-going age between 13 and 18 years. Most students attend 4th year, also called Transition Year, but we also offer places in other years. While on this programme and attending a day school, students are placed with a longstanding host family.



Public Schools

€16,750

Private Schools

€19,000 - €21,500

For a copy of our High School Programme brochure, please contact our main office.

This programme includes:

- Selection of secondary school
- Full-Board Accommodation with an Irish Host Family
- Enrolment Fees
- Full School Uniform where required (full academic year programme only)
- Transfers between Cork Airport and the family Processing of all necessary documents
- Full Supervision (Academic and Family)
- Public Liability Insurance

Not included:

- Transport to Ireland from country of origin
- Personal expenses
- Extra activities /special sports
- Transport in Ireland during the academic year
- Medical insurance



JUNIOR PROGRAMME 2024

WINTER MINI-STAY PROGRAMME

Course Aim

This course is designed for secondary school students who wish to study English in a native setting. Our junior students have the option to stay in carefully selected host families. Our accommodation officer visits each family to ensure that they are of the standard that is required by Cork English College to host foreign students.

Students attend English classes in the morning and can participate in activities during the afternoon. Host Family accommodation is a chance for the student to become part of an Irish family during their stay in Cork.



Location	Cork English College (Main Centre)
Age Groups	11 - 17
Accommodation	Host Family
Price	See Below
Class Size	15 per class
Transfers	Included from Cork Airport

This programme includes

- 20 Lessons per week (1 lesson = 45mins)
- 7 nights full-board accommodation with Host Family
- 2 - 4 students per family
- Daily breakfast, packed lunch & evening meal
- Use of pedagogical & class-based materials
- 13 - 15 students per class
- Guided walking tour of Cork City
- Certificate at the end of the course
- Online placement test

Cost per week: 7 nights/8 days*

Group Size	Price	Leaders	Additional Leader
12 - 15 pax	€625 per person	1 leader free	€285
16 - 30 pax	€610 per person	1 leader free	€285
31 - 45 pax	€590 per person	1 leader free	€285
46+ pax	€585 per person	1 leader free	€285

*For groups staying 6 nights/7 days, the above rate can be reduced by €25.

** There is a supplement of €40 for any student that has a dietary requirement such as gluten-free.

Optional extras:

- **Half Day Excursion** with private coach & CEC staff member: €35 per student
- **Full Day Excursion:** 12 - 20 pax (€65pp) 21 - 30 pax (€55pp) 31+ pax (€50pp)
- **Evening Activity:** €25 per student
- **Weekly Bus Pass:** €35 per student
- **Group Presentation/Guest Speaker:** €35 per student
- **Company Visit with private coach & CEC staff member:** €55 per student

