

H A R R O W H O U S E S A M P L E M E N U

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>BRUNCH CEREALS / COLD MILK TOAST / WAFFLES CHEESE SLICES / COLD MEATS BUTTER / MARGARINE CHOICE OF JAMS / HONEY BACON COCKTAIL SAUSAGES BAKED BEANS FRIED EGGS GRILLED TOMATOES FRIED MUSHROOMS CHOICE OF YOGHURTS CHOICE OF 3 TINNED FRUITS CHOICE OF DRIED FRUIT CHOICE OF HOT DRINKS ORANGE JUICE</p>	<p>BRUNCH CEREALS / COLD MILK TOAST / HASH BROWNS CHEESE SLICES / COLD MEATS BUTTER / MARGARINE CHOICE OF JAMS / HONEY BACON COCKTAIL SAUSAGES BAKED BEANS SCRAMBLED EGGS PLUM TOMATOES FRIED MUSHROOMS CHOICE OF YOGHURTS CHOICE OF 3 TINNED FRUITS CHOICE OF DRIED FRUIT CHOICE OF HOT DRINKS ORANGE JUICE</p>	<p>BREAKFAST CEREALS / COLD MILK TOAST CROISSANTS CHEESE SLICES COLD MEATS BUTTER / MARGARINE CHOICE OF JAMS / H ONEY PORRIDGE BOILED EGGS SCRAMBLED EGGS COCKTAIL SAUSAGES CHOICE OF YOGHURTS CHOICE OF 3 TINNED FRUITS CHOICE OF DRIED FRUIT CHOICE OF HOT DRINKS ORANGE JUICE</p>	<p>BREAKFAST CEREALS / COLD MILK TOAST CROISSANTS CHEESE SLICES COLD MEATS BUTTER / MARGARINE CHOICE OF JAMS/HONEY PORRIDGE FRIED EGGS SCRAMBLED EGGS BAKED BEANS CHOICE OF YOGHURTS CHOICE OF 3 TINNED FRUITS CHOICE OF DRIED FRUIT CHOICE OF HOT DRINKS ORANGE JUICE</p>	<p>BREAKFAST CEREALS / COLD MILK TOAST CROISSANTS CHEESE SLICES COLD MEATS BUTTER / MARGARINE CHOICE OF JAMS / HONEY PORRIDGE BOILED EGGS SCRAMBLED EGGS GRILLED TOMATOES CHOICE OF YOGHURTS CHOICE OF 3 TINNED FRUITS CHOICE OF DRIED FRUIT CHOICE OF HOT DRINKS ORANGE JUICE</p>	<p>BREAKFAST CEREALS / COLD MILK TOAST CROISSANTS CHEESE SLICES COLD MEATS BUTTER / MARGARINE CHOICE OF JAMS / HONEY PORRIDGE FRIED EGGS SCRAMBLED EGGS COCKTAIL SAUSAGES CHOICE OF YOGHURTS CHOICE OF 3 TINNED FRUITS CHOICE OF DRIED FRUIT CHOICE OF HOT DRINKS ORANGE JUICE</p>	<p>BREAKFAST CEREALS / COLD MILK TOAST CROISSANTS CHEESE SLICES COLD MEATS BUTTER / MARGARINE CHOICE OF JAMS / HONEY PORRIDGE BOILED EGGS SCRAMBLED EGGS MUSHROOMS CHOICE OF YOGHURTS CHOICE OF 3 TINNED FRUITS CHOICE OF DRIED FRUIT CHOICE OF HOT DRINKS ORANGE JUICE</p>
<p>LUNCH</p>	<p>LUNCH</p>	<p>LUNCH ASSORTED SALADS BREAD PASTA BAR CHICKEN CASBAH TOMATO & BASIL VARIETY BAR SAUSAGES VEGETARIAN SAUSAGES SERVED WITH MASHED POTATOES ONION GRAVY RED CABBAGE GREEN BEANS MELON</p>	<p>LUNCH ASSORTED SALADS BREAD PASTA BAR PORK MEATBALLS & TOMATO SAUCE VEGETABLES IN A CHEESE & MUSTARD SAUCE VARIETY BAR BEEF CHOW-MEIN GARLIC MUSHROOMS SERVED WITH NOODLES STIR-FRY VEGETABLES GRAPES</p>	<p>LUNCH ASSORTED SALADS BREAD PASTA BAR BEEF BIAGIO TARRAGON MUSHROOMS VARIETY BAR CHICKEN WRAPS VEGETARIAN WRAPS SERVED WITH TORTILLA CHIPS CHEESE FRESH FRUIT SALAD</p>	<p>LUNCH ASSORTED SALADS BREAD PASTA BAR GARLIC CHICKEN RATATOUILLE VARIETY BAR CHILLI CON CARNE VEGETARIAN SAVOURY MINCE SERVED WITH RICE SWEETCORN PEPPERS APPLES</p>	<p>LUNCH ASSORTED SALADS BREAD PASTA BAR TUNA NAPOLI CHEESE & CHIVES VARIETY BAR COLD MEAT BUFFET VEGETARIAN QUICHE SERVED WITH ORANGES</p>
<p>DINNER ASSORTED SALADS BREAD CHICKEN KORMA BEEF IN RED WINE PORK LOINS LAMB STEAKS SALMON VEGETARIAN CANNELLONI NEW POTATOES PASTA RICE BROCCOLI BUTTERNUT SQUASH CHOCOLATE SPONGE PEACH JELLY & CREAM</p>	<p>DINNER ASSORTED SALADS BREAD ROAST BEEF CHICKEN SUPREME WITH A MUSHROOM SAUCE MOROCCAN LAMB PORK IN A BLACK BEAN SAUCE COD VEGETARIAN NUT ROAST ROAST POTATOES COUSCOUS STIR-FRY RICE PARSNIPS BATON CARROTS PROFITEROLES STRAWBERRY BLANCMANGE</p>	<p>DINNER ASSORTED SALADS BREAD DUCK LEGS IN ORANGE SAUCE BRAISED BEEF STEAKS CHICKEN IN A MANGO SAUCE PORK STIR-FRY RED SNAPPER VEGETABLE PROVENCAL BOILED POTATOES PASTA WITH HERBS CHILLI & LIME RICE STIR-FRY VEGETABLES LEMON DRIZZLE CAKE SHORTBREAD</p>	<p>DINNER ASSORTED SALADS BREAD ROAST PORK CHICKEN SUPREME WITH A B B Q SAUCE GREEK LAMB BEEF IN BEER SEA BASS VEGETARIAN CHILLI ROAST POTATOES PASTA SAFFRON RICE GREEN CABBAGE SLICED CARROTS APPLE CRUMBLE YOGHURT WITH FRUIT & HONEY</p>	<p>DINNER ASSORTED SALADS BREAD BEEF MINUTE STEAKS PORK SCHNITZEL ZIGONER LAMB ROGAN JOSH LEMON CHICKEN WAHOO VEGETARIAN STUFFED PEPPERS JACKET POTATOES PESTO PASTA ONION FRIED-RICE GRILLED TOMATOES PEAS & SWEETCORN BANANA MOUSSE FLAPJACKS</p>	<p>DINNER ASSORTED SALADS BREAD ROAST TURKEY DUCK LEGS IN A HOI-SIN SAUCE STEAK & ALE PIE SWEET & SOUR PORK TROUT VEGETARIAN RAVIOLI ROAST POTATOES PASTA RICE BRUSSEL SPROUTS JULIENNE OF SWEDE TRIFLE CHEESE ECCLES CAKES</p>	<p>DINNER ASSORTED SALADS BREAD GAMMON STEAK & PINEAPPLE LAMBS LIVER & MUSHROOMS BEEF STIR-FRY CARIBBEAN CHICKEN ESCOLAR VEGETARIAN HOT-POT DAUPHINOISE POTATOES PASTA WITH TOMATO & GARLIC RICE WITH PEPPERS GREEN BEANS ROASTED MEDITERRANEAN VEGETABLES CAKE BANANA CUSTARD</p>