

# ACTIVE

# ENGLISH

For ages 12-17, to learn English and excel in a sports or arts activity of their choice with a professional coach.

**Location:** Oxford, Ellesmere or Moulton

**Course length:** choose from 1-5 weeks

This popular course offers a high level of English language teaching, alongside the chance for students to develop their skills in a wide range of activities, all coached by professionals in their field.

### COURSE SUMMARY (PER WEEK)

<b>Lessons:</b>	15 hours
<b>Professional Coaching:</b>	6 hours
<b>Excursions:</b>	1.5 days
<b>Other Activities:</b>	20 hours

### LEARNING OUTCOMES

Your child will:

- ✓ Improve their spoken English
- ✓ Increase their English vocabulary
- ✓ Try new activities and improve their skills with a professional coach
- ✓ Make new friends from around the world
- ✓ Be prepared for studying in an English-speaking environment

### COURSE CONTENT

Students enjoy English lessons in the morning and activities conducted in English in the afternoon.

Students learn and practise their English and at the same time they develop their team-working and problem-solving skills.

English language teachers deliver 15 hours of lessons a week, and professional coaches instruct six hours per week of the chosen activity.

Students can choose one activity or try a different one each week. Students can be any level in their chosen activity: improve on a skill or learn a completely new one.

Excursions are also a big part of the course, with one full day and one half day trip to places of interest in the UK included every week.

There are evening activities every night, including quizzes, fashion shows, talent competitions and film nights.

## Active English

## Sample timetable

	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
			07:15 - Wake up!	07:45 - Breakfast	08:45 - Morning Assembly		
09:00-10:30		Placement Testing	Lessons	Lessons	Lessons	Lessons	
		10:30 - Morning Break					
10:50-12:20		Induction to Young Learners	Lessons	Lessons	Lessons	Lessons	
		12:20 - Lunch Break		13:45 - Afternoon Assembly			
14:00-15:30		Professional Coaching					
		15:30-16:00 - Afternoon Break					
16:00-17:30		Sports and Activities	Sports and Activities	Sports and Activities	Certificate Ceremony		
		17:30 - Evening break		18:00 - Dinner	19:00 - House Time	19:45 - Evening Assembly	
19:45-21:45	Treasure Hunt & Getting to know you!	Challenges Night	Film Night	International House Tournament	Games Night	Academic linked evening activity	Disco
		22:00-22:15 - House Meeting			23:00 - Lights Out!		

The timetable is a sample only, subject to availability. Excursion dates and details may change.

Every year students walk out of the drama activity at IH with a new sense of belief and a smile on their face. They take away warm memories and skills for life.

Tom, Drama coach

The programme allows you to combine academic lessons in English with sports activities, which are really good in order to practise your English, as well as making friends from all over the world which is an incredible opportunity.

Leopoldine, France  
Active English, Oxford

# ACTIVE ENGLISH

## OPTIONS

OXFORD

ELLESMERE

MOULTON

Our Young Learners love the Active English programme because of the sheer variety it brings to the day. They get to learn skills from professional coaches, all whilst building friendships outside their class groups!

Nathan, Director of Leisure & Activities

<b>ART &amp; DESIGN</b>	Topics include glass painting, jewellery making, drawing, block printing, pottery painting and researching different artists and styles. Visits to local art galleries are also arranged.	✓	✓	✓
<b>BASKETBALL</b>	Students focus on techniques such as dribbling, ball handling, and different types of shooting. Students apply what they have learned to a competitive game at the end of each session.	✓	✓	✓
<b>DANCE</b>	After coaching in different styles (including Capoeira, Jazz, Street, Bollywood and Salsa), they will create their own dances, producing solo, partner and group work.	✓	✓	✓
<b>DRAMA</b>	Students focus on a variety of skills, including body language, facial expressions and set design. They work towards a final performance that will be shown at the end of course show.	✓	✓	✓
<b>FOOTBALL</b>	Participants are divided into levels according to their ability and coached in technique and tactics. Each session ends with a tournament where students practise what they have learned.	✓	✓	✓
<b>GOLF</b>	Students will be coached in techniques such as golf swings, fitness and diet. Each session will end with students taking part in a round of golf on the centre's own golf course.	✓	✓	
<b>PHOTOGRAPHY</b>	Techniques covered include: composition, lighting, and indoor and outdoor photography. Students build up a portfolio of images to take home at the end of the course.	✓	✓	
<b>SWIMMING</b>	Students will learn new skills and techniques while focusing on safety awareness and water confidence.		✓	✓
<b>TENNIS</b>	Sessions are designed to improve all aspects of the student's game, including footwork patterns and racquet technique. They will then show off what they have learned in a match at the end of each session.	✓	✓	✓
<b>HORSE RIDING*</b>	Includes horse trekking through spectacular scenery, a fast hack, flat work and jumping. Stable management and maintenance are also covered.		✓	✓

\*Additional charge per week