

### **International House Ellesmere Young Learners Centre – Horse Riding Information 2017**

International House Ellesmere is delighted to offer students enrolled in our English Active programme the opportunity to participate in horse riding lessons in conjunction with Spring Hill Farm Riding Stables.

Lessons take place during the English Active sessions on each Friday, Saturday, Sunday and Monday during the centres operational dates. Riding lessons last an hour and a half (1 ½ hours) with return travel time of approximately an hour and a half (1 ½ hour).

Situated just 7 miles from both Oswestry and Llangollen on the Wales / England boarder, a 45 minute journey from Ellesmere College and overlooking the Ceiriog Valley; Spring Hill Farm Riding Stables allows our students instant access to great off road riding, riding on tracks, fields and bridleways and the stables own private off road trails.

Students will experience riding on land which covers not just 3 counties but also 2 countries giving riders the most fantastic riding available anywhere in the UK.

Students will get the chance to trek and enjoy the beautiful scenery and real English charm that this part of the world is renowned for.

The course will also give students the opportunity to experience a fast hack, flat work, jumping, grooming, stable management, and equestrian vocabulary with all lessons delivered by the stables qualified British Horse Society instructors.

All lessons are designed to enable riders to learn and develop the skills and experience necessary to become confident riders.

Horses are chosen for their safe temperament which allows the stables to cater for riders of all abilities (no previous experience is necessary) with lessons available for complete beginners, novices, intermediate riders and advanced riders.

Students should complete the horse riding registration form prior to their arrival at International House Ellesmere.

There is no need for students to worry about what to wear to their horse riding lessons we do not expect students to have all the right clothes and equipment and the stables will have plenty of essentials for students to borrow. However, it is important to have a rough idea of what riders wear, and also to wear safe and comfortable clothing.

Proper riding boots are best, of course, but we do not expect students to purchase these prior to their arrival. So when students are packing for their stay they should pay close attention to their shoes. Trainers are suitable although ideally students need a shoe with a small heel to stop their feet slipping through the stirrup.



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Jeans are to be avoided. Students need to wear something that is both comfortable and flexible to allow for free movement. Students are encouraged to wear layers (British weather is unpredictable!) and carry a waterproof jacket. A comfortable top should be worn to allow students arms to move freely without fear of them getting trapped.

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