



ELITE FOOTBALL

Enjoy the beautiful game and improve your football skills.

All students have a varied programme according to their abilities, which will be evaluated at the first session. Students will practise and learn a variety of football skills through expert coaching, games and tournaments.

Our professional coaches are all FA Level 2 qualified, and experienced at training all levels of ability. Programme focus will be chosen from the following:

- Warm-ups
- Shooting practice
- Defending
- Dribbling skills
- Passing skills
- Match play
- Attacking
- Free kick and corner practice

Key facts

- 15 hours English language tuition per week
- Football 4 days per week, 2 hours per day
- Students will learn and practice a variety of skills in small games and tournaments
- Average coach to student ratio is 1:16
- Students join in the whole school activity hour where they will get a chance to mix with students on other programmes
- Available at Warminster

Students may play against local British teenagers, depending on dates and numbers.

Sample programme	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:45-9:00	Assembly	Assembly	Assembly	Assembly	Assembly	Excursion to Bath and Stonehenge	Excursion to London: London Eye, Tour, Covent Garden
9:00-11:00	English	English	English	English	English		
11:10-11:30*	Break	Break	Break	Break	Break		
11:30-12:30	English	English	English	English	English		
Lunch							
Afternoon	Level assessment	Group coaching, skills practice	Salisbury	Dribbling and passing skills	5 aside tournament		
Dinner							
Evening	Karaoke/ Arts & Crafts	House night/ Indoor sports	Inter-house tournament	Inflatables/ Carnival	Swimming/ Talent show	Themed disco/ House games	Welcome new students tournament

*Break times vary between schools. Snacks and drinks will be available at break time