



NEW FOR 2017

SAILING

Make a splash this summer and take to the water for a sailing course.

This programme gives students the opportunity to take advantage of fully qualified and experienced instructors – accredited by the Royal Yachting Association.

Students will take to the water at the Hove Lagoon as well as the English Channel. They will learn basic nautical skills as well as getting to sail in a variety of boats. Buoyancy aids are provided.

Students will be awarded RYA level 1 dinghy certificate, or higher depending on their level.

Key facts

- 15 hours English language tuition per week
- Sailing 4 days per week, 2 hours per day
- The club provides buoyancy aids
- Instructor to student ratio is from 1:3 to 1:5 depending on the boat
- Students join in the whole school activity hour where they will get a chance to mix with students on other programmes
- Available at Roedean

Sample programme	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:45-9:00	Assembly	Assembly	Assembly	Assembly	Assembly	Excursion to Bath and Stonehenge	Excursion to London: London Eye, Tour, Covent Garden
9:00-11:00	English	English	English	English	English		
11:10-11:30*	Break	Break	Break	Break	Break		
11:30-12:30	English	English	English	English	English		
Lunch							
Afternoon	Level assessment, knot practice and sailing	Learning to rig, tie knots and sail	Herstmonceux observatory and science park	Launching and landing the boat	Practise new skills sailing around Hove lagoon		
Dinner							
Evening	Karaoke/ Arts & Crafts	House night/ Indoor sports	Inter-house tournament	Inflatables/ Carnival	Swimming/ Talent show	Themed disco/ House games	Welcome new students tournament

*Break times vary between schools. Snacks and drinks will be available at break time